

MAKE YOUR BAG:

To facilitate the tidying on board please come with a soft luggage, not a suitcase



Temperate countries in the North:

Windproof and waterproof clothing, ideally overalls and a sea jacket or a mountain / ski outfit.

Warm clothes, one or two fleece/sweater, maybe warm underwear if you are really chilly.

A pair of shoes suitable for sailing: deck shoes, otherwise a pair of flexible sneakers.

A pair of shoes for walks (hiking or sneakers)

A pair of slippers or light indoor shoes

Cap, sunglasses, sunscreen, rain cape ...

If you are sensitive to seasickness, plan a preventive remedy for the first few days, ask your pharmacist / doctor (Scopoderm), also take your specific prescriptions.

Bath towel, hand towel, shampoo and bathing suit.

Headlamp, camera, USB key or external hard drive if no computer for storing and sharing photos...
your specific chargers.

A specialty of your region to share.

Pocket books... or tablet.

A small backpack for walks, a notebook for your log book.

And above all, no suitcase!