

MAKE YOUR BAG:

To facilitate the tidying on board please come with a soft luggage, not a suitcase



Hot countries :

A windproof and waterproof jacket, a fleece / sweatshirt.

Shoes suitable for sailing: a pair of deck shoes, otherwise a pair of flexible sneakers.

Cap, sunglasses, sunscreen.

A t-shirt or body (sun protection) for snorkeling with fins, mask and snorkel.

If you are sensitive to seasickness, plan a preventive remedy for the first few days, ask your pharmacist/doctor (Scopoderm), also take your specific prescriptions.

Bath towel and swimsuit for sea water and a fresh water towel, shampoo.

For the inside different jersey or shorts to avoid getting salt in (wet jersey).

Headlamp, camera, USB key or SD cards or external hard drive if no computer for storing and sharing photos... your specific chargers.

A specialty of your region to share.

Pocket books... or tablet.

A small backpack and a gourd for walks, a notebook for your log book.

And especially no suitcase!